NORTHWAY COMMUNITY PRIMARY SCHOOL - Real PE Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Personal (Unit 1)	Social (Unit 2)	Cognitive (Unit 3)	Creative (Unit 4)	Applying Physical (Unit 5)	Health & Fitness (Unit 6)
EYFS						
675	Coordination: Footwork (!0)	Agility: Jumping & Landing (6)	Dynamic Balance: On a line (5)	Coordination: Ball skills (9)	Coordination: Sending & Receiving	Agility: Ball chasing (11)
	Static balance: One leg (1)	Static balance: Seated (2)	Static balance: Stance (4)	Counter balance : With a partner	(8)	Static balance: Floor Work (3)
				(7)	Agility: Reaction & Response (12)	
У1	Personal (Unit 1)	Social (Unit 2)	Cognitive (Unit 3)	Creative (Unit 4)	Applying Physical (Unit 5)	Health & Fitness (Unit 6)
	Coordination: Footwork (!0)		Numerrie Beleneer On a line (5)	Counton balance With a next or	Condination: Condina & Desciving	Acitty Dell sheeine (11)
	Static balance: One leg (1)	Agility: Jumping & Landing (6) Static balance: Seated (2)	Dynamic Balance : On a line (5) Static balance : Stance (4)	Counter balance : With a partner (7)	Coordination: Sending & Receiving	Agility: Ball chasing (11) Static balance: Floor Work (3)
				Dance - Island Home (Cyc 1)	Agility: Reaction & Response (12)	
				Dance - Fantasy Creatures (Cyc 2)		
Y2	Personal (Unit 1)	Social (Unit 2)	Cognitive (Unit 3)	Creative (Unit 4)	Applying Physical (Unit 5)	Health & Fitness (Unit 6)
	Coordination: Footwork (!0)	Agility: Jumping & Landing (6)	Dynamic Balance: On a line (5)	Counter balance: With a partner	Coordination: Sending & Receiving	Agility: Ball chasing (11)
	Static balance: One leg (1)	Static balance: Seated (2)	Static balance: Stance (4)	(7)	(<mark>8)</mark>	Static balance: Floor Work (3)
				Dance - Island Home (1)	Agility: Reaction & Response (12)	
	Personal (Unit 1)	Social (Unit 2)	Cognitive (Unit 3)	Dance - Fantasy Creatures (2) Creative (Unit 4)	Applying Physical (Unit 5)	
У3	Coordination: Footwork (!0)	Agility: Jumping & Landing (6)	Dynamic Balance: On a line (5)	Coordination: Sending & Receiving	Agility: Reaction/Response (12)	Swimming
	Static balance: One leg (1)	Static balance: Seated (2)	Dance - Lowry (Cycle 1)	(<mark>8)</mark>	Static balance: Floor Work (3)	
			Dance - Egypt (Cycle 2)	Counter balance: With partner (7)		
¥3/4	Personal (Unit 1)	Social (Unit 2)	Cognitive (Unit 3)	Creative (Unit 4)		Applying Physical (Unit 5)
	Coordination: Footwork (!0)	Agility: Jumping & Landing (6)	Dynamic Balance: On a line (5)	Coordination: Sending & Receiving	Swimming	Agility: Reaction/Response (12)
	Static balance: One leg (1)	Static balance: Seated (2)	Dance - Lowry (Cycle 1)			Static balance: Floor Work (3)
	Personal (Unit 1)	Social (Unit 2)	Dance - Egypt (Cycle 2) Cognitive (Unit 3)	Counter balance: With partner (7)	Creative (Unit 4)	Applying Physical (Unit 5)
У4						
	Coordination: Footwork (!0)	Agility: Jumping & Landing (6)	Dynamic Balance: On a line (5)	Swimming	Coordination: Sending & Receiving	Agility: Reaction/Response (12)
	Static balance: One leg (1)	Static balance: Seated (2)	Dance - Lowry (Cycle 1)		<mark>(8)</mark>	Static balance: Floor Work (3)
			Dance - Egypt (Cycle 2)		Counter balance: With partner (7)	
У5	Personal (Unit 1)	Cognitive (Unit 3)		Social (Unit 2)	Creative (Unit 4)	Applying Physical (Unit 5)
	Coordination: Ball skills (9)	Coordination: Footwork (10)	Swimming	Dynamic balance: On a Line (5)	Static balance: Seated (2)	Agility: Jumping & Landing (6)
	Agility: Reaction/Response (12)	Dance: Maya (Cycle 1)		Counter balance: With a partner	Static balance: Floor Work (3)	Static balance: One leg (1)
		Dance: London (Cycle 2)		(7)		
Y5/6	Personal (Unit 1)		Cognitive (Unit 3)	Social (Unit 2)	Creative (Unit 4)	Applying Physical (Unit 5)
		Swimming				
	Coordination: Ball skills (9) Agility: Reaction/Response (12)		Coordination: Footwork (10) Dance: Maya (Cycle 1)	Dynamic balance: On a Line (5) Counter balance: With a partner	Static balance: Seated (2) Static balance: Floor Work (3)	Agility: Jumping & Landing (6) Static balance: One leg (1)
	nyinty Reaction/Response (12)		Dance: London (Cycle 2)	(7)	The second of the second secon	orane balance. One ley (1)
У6	Swimming	Cognitive (Unit 3)	Personal (Unit 1)	Social (Unit 2)	Creative (Unit 4)	Applying Physical (Unit 5)
	Swimming	Coordination: Footwork (10)	Coordination: Ball skills (9)	Dynamic balance: On a Line (5)	Static balance: Seated (2)	Agility: Jumping & Landing (6)
		Dance: Maya (Cycle 1)	Agility: Reaction/Response (12)	Counter balance: With a partner	Static balance: Floor Work (3)	Static balance: One leg (1)
		Dance: London (Cycle 2)		(7)		