

Northway Community Primary School PSHE Long Term Plan Curriculum Map
Cycle 1

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer1	Summer 2
Reception	PSED Settling in - feelings and emotions.	PSED Developing self-confidence and an awareness of others needs and feelings.	PSED Learning to deal with new experiences, expressing our opinions and listening to others.	PSED Working co-operatively as part of a team.	PSED Developing positive relationships and working collaboratively.	PSED Making healthy choices.
Year 1 & Year 2	Knowing Myself Relationships/Feelings and emotions One Decision: Our World- Growing in our world Families and people who care for me One Decision: Relationships-Friendships Mental wellbeing Consent Caring friendships Anti-bullying Respectful relationships Families and people who care for me- PANTS -NSPCC One Decision: Feelings and Emotions- Jealousy		Keeping and staying safe and healthy Mental wellbeing Respectful relationships One Decision: Keeping/Staying Safe - Road Safety Health and Prevention One Decision: Keeping/Staying Healthy- Washing Hands Healthy Eating One Decision: Keeping/Staying Healthy- Healthy Eating Health workshops NSPCC -Speak out and stay safe		Living in the wider world One Decision: Our World- Living in our world One Decision: Our World- Looking after our world One Decision: Our World- Working in our world Enterprise One Decision: Being Responsible- Water Spillage Basic first aid One Decision: Computer Safety- Online Bullying Internet safety and harms Online relationships	
Year 3 & Year 4	Knowing Myself Relationships/Growing and changing/ Feelings and emotions Families and people who care for me Caring friendships Respectful relationships Online relationships Consent Caring friendships Respectful relationships One Decision: Relationships-touch Anti-bullying One Decision: Feelings and Emotions- grief Mental wellbeing		Keeping and staying safe and healthy One Decision: Keeping/Staying Safe - Staying Safe Health and Wellbeing Physical health and fitness One Decision: Keeping/Staying Safe - Leaning Out of Windows Drugs, Alcohol and Tobacco One Decision: Keeping/Staying Healthy - Medicine Basic First Aid One Decision: First Aid- Asthma and Anaphylactic shock Health workshops NSPCC -Speak out and stay safe		Living in the wider world One Decision: Being Responsible- Stealing One Decision: Our World- Working in our world Enterprise One Decision: Fire safety-Petty arson Basic first aid One Decision: Fire safety-Texting whilst driving One Decision: Computer Safety- Making Friends Online One Decision: Computer Safety- Computer Safety	

<p>Year 5 & Year 6</p>	<p>Knowing Myself Relationships/Growing and changing/ Feelings and emotions Mental wellbeing Caring friendships Consent Respectful relationships Online relationships Anti-bullying Body image and self esteem <i>One Decision: Growing and changing- Puberty Y5</i> <i>One Decision: Growing and changing- Conception Y6</i> <i>One Decision: Feelings and Emotions- Anger</i></p>	<p>Keeping and staying safe and healthy <i>One Decision: Keeping/Staying Safe- Peer Pressure</i> Caring friendships <i>One Decision: Keeping/Staying Healthy- Smoking</i> Drugs, Alcohol and Tobacco Basic First Aid <i>One Decision: First Aid- Basic Life Support</i> <i>One Decision: First Aid- Head injury and severe Bleeding</i> <i>One Decision: First Aid- Minor Burns/scalds/fractures</i> NSPCC -Speak out and stay safe</p>	<p>Living in the wider world Transition and Change- Worry Transition and Change- Transition to secondary school <i>One Decision: The Working World- Enterprise</i> Enterprise Gambling awareness <i>One Decision: Being Responsible- Looking Out for Others</i> Being Safe <i>One Decision: Computer Safety- Image Sharing</i> Internet safety and harms <i>One Decision: A World Without Judgement-</i> Inclusion and Acceptance Respectful relationships Stereotypes Y5 Safe skills-grassing and grooming Y6</p>
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**Northway Community Primary School PSHE Long Term Plan Curriculum Map
Cycle 2**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer1	Summer 2
Reception	PSED Settling in - feelings and emotions.	PSED Developing self-confidence and an awareness of others needs and feelings.	PSED Learning to deal with new experiences, expressing our opinions and listening to others.	PSED Working co-operatively as part of a team.	PSED Developing positive relationships and working collaboratively.	PSED Making healthy choices.
Year 1 & Year 2	Knowing Myself Relationships/Feelings and emotions Families and people who care for me Caring friendships Mental wellbeing Families and people who care for me PANTS -NSPCC <i>One Decision: Relationships- Body Language</i> Respectful relationships Caring friendships Anti-bullying <i>One Decision: Relationships- Bullying</i> <i>One Decision: Feelings and Emotions- Worry</i> <i>One Decision: Feelings and Emotions- Anger</i>		Keeping and staying safe and healthy <i>One Decision: Keeping/Staying Safe- Tying Shoelaces</i> Being Safe <i>One Decision: Keeping/Staying Healthy- Brushing Teeth</i> Health and Prevention Mental wellbeing Physical health and fitness Health and prevention Growth mindset		Living in the wider world <i>One Decision: Being Responsible- Practice Makes Perfect</i> <i>One Decision: Being Responsible- Helping Someone in Need</i> <i>One Decision: Computer Safety- Image Sharing</i> <i>One Decision: Money Matters- Money Matters</i> <i>One Decision: Hazard Watch- Is it safe?</i>	
Year 3 & Year 4	Knowing Myself Relationships/Growing and changing/ Feelings and emotions <i>One Decision: Growing and Changing- Relationships</i> Families and people who care for me Being Safe Caring friendships <i>One Decision: Feelings and Emotions- Jealousy (8-11)</i> Mental Wellbeing Consent Respectful relationships Online relationships Anti-bullying <i>One Decision: Growing and Changing- Appropriate Touch</i> Being safe		Keeping and staying safe and healthy <i>One Decision: Keeping/Staying Safe - Cycle Safety</i> Physical health and fitness <i>One Decision: Keeping/Staying Healthy - Healthy Living</i> Healthy Eating Mental wellbeing Physical health and fitness Health and prevention Growth mindset		Living in the wider world <i>One Decision: Being Responsible- Coming Home on Time</i> <i>One Decision: Computer Safety- Baseline Online Bullying</i> <i>One Decision: The Working World- Chores at Home</i> <i>One Decision: A World Without Judgement-Breaking Down Barriers</i>	

<p>Year 5 & Year 6</p>	<p>Knowing Myself Relationships/Growing and changing/ Feelings and emotions Mental wellbeing Respectful relationships One Decision: Feelings and Emotions- Worry Consent Respectful relationships Mental wellbeing Anti- bullying Caring friendships Online relationships One Decision: Growing and changing- Puberty Y5 One Decision: Growing and changing- Conception Y6 Families and people who care for me</p>	<p>Keeping and staying safe and healthy One Decision: Keeping/Staying Safe - Water Safety Keeping/Staying Safe - Railways One Decision: Keeping/Staying Healthy- Alcohol Drugs, Alcohol and Tobacco Basic First Aid Mental wellbeing Physical health and fitness Health and prevention Growth mindset Stay safe Campaign</p>	<p>Living in the wider world Transition and Change One Decision: Being Responsible- Stealing One Decision: Computer Safety - Making Friends Online One Decision: The Working World- In-App Purchases One Decision: A World Without Judgement- British Values</p>
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